

Welcome to Sully Sailing Club!

Information for new members

The Current **Flag Officers** are as follows:-

Commodore:	Steve Marshall	☎ 07775516066
Secretary:	Roger Dykes	☎ 029 20530713
Treasurer:	Malcolm Staddon	☎ 029 2075 8423
Membership secretary:	Bob Lang	☎ 029 2053 1130
Boat Jumble organiser:	Roger Dykes	☎ 029 20530713
Racing secretary:	Pete Wells	

Club mobile number 07594 640226 (only available during club events)

Committee meetings are held on the first Wednesday of every month at the clubhouse

Web site address: <http://www.sully-sailing.org.uk>

[Race results](#) and current information are kept on the [web site](#), and updated regularly along with email addresses for [Club Officers](#) which is the preferred contact method.

Racing

Racing is organised on a 2 fleet basis, using a handicap system, based on the current Portsmouth Yardstick scheme. The current RYA dinghy racing rules are used.

- The **'Fast'** fleet of under PY 1102 i.e. Lasers, RS400, Dart catamarans etc
- The **'Slow'** fleet of PY 1102 and over i.e. Mirrors, Toppers, Optimists, Topper Topaz, Enterprises, Wanderers, GB 14s etc

Races are started using the current RYA starting sequence i.e.

5-minutes 1 light + horn, **4** minutes 2 lights + horn, **1** minute 1 light out + horn, **Start** both lights out + horn.

Horn & lights are displayed on the club balcony.

Average lap times are used to decide a race's outcome i.e. races normally last for approximately 40 minutes when a flag/horn is displayed. Boats then continue the lap they are on to finish the race.

Members are **expected** to act as safety boat crew /officer of the day, on 2 or 3 occasions in the year, as per the published programme. It is important that members turn up on these dates, or make arrangements to swop duties with another member, if the allocated date is inconvenient.

Sailing Activities

Organised sailing takes place every Sunday from the end of March to Christmas. However, some members sail informally on Sunday mornings in January and February when the weather permits

In the Spring the '**Early Bird**' race series is run from March to mid June.

From mid April to September an informal **Wednesday night sail**, commencing 6 – 6.30 p.m. takes place every week, but there is no safety boat cover. Also an adult training session runs (on demand) on Thursdays in May.

An annual youth training course takes place on Thursday evenings, 6.30 p.m. start, in June & July, as part of the WYA Dragon sailing scheme for young sailors.

During the summer months some cruises are run (weather permitting) Normally up channel to Flatholm or Penarth, and occasionally down channel to Barry and Cold Knap.

In addition there are a number of Trophy Races, and some 'fun' activities. Currently the club has the following trophies, which are competed for annually.

- **Sharpe trophy** - all boats
- **Watler Cup** – fast fleet only
- **Laser Cup** – lasers only
- **Centripump cup** – slow fleet only
- **Commodores Plate** – a handicap race around Sully island, open to all boats
- **Bill Bryant trophy** – awarded to the best overall combined result of the Spring & Autumn race series
- **Driftwood trophy** – round Sully island race. This is an honesty trophy as it is self-timed, and can be sailed at any time, as many times as you want. It involves crossing our start line, rounding the island in a clockwise direction, and finishing around the start buoy with a hook finish. Times can be entered, using the logbook in the club hut.
- **The Regatta Shield** – presented for the best performance in the 4 races on Regatta day in September

In addition there is the **Jubilee trophy** awarded for most launches in a season, and the **Ken Hughes trophy** awarded to the most improved helm during the season.

From September to December the ‘**Transom**’ series of races is run.

Sailing information

Please make sure that every time you sail you sign the logbook in the clubhouse, on leaving and returning, especially important outside club events. This is for your own safety, and so that the club has an accurate record of launches each season, this record is used to award the Jubilee Trophy for most launches.

All club members **must** have appropriate third part insurance cover for their boat (minimum £3,000,000) and crew, and buoyancy aids **must** always be worn, and appropriate clothing for the conditions (wet-suits, dry-suits etc)

The club owns several boats, which are available for use by members viz., 4 Lasers, 3 Toppers and 1 Topaz dinghies. These are well used, and should be booked in advance, if possible.

If sailing on your own, or on club cruises, boats should be equipped with paddles, and also flares or some other means of summoning help in case of difficulties (mobile phones in waterproof containers will work or personal VHF radio). Our **slipway** is long enough to reach low tide on neap tides, and on spring tides boats can be trolleyed over the bedrock for 50 metres, and then a muddy (sometimes sandy) beach appears, which is firm enough to land/launch from.

Launching/recovery is best when the tide is about halfway up the slipway.

A high tide and a SW wind can put big rollers on the slip making landing difficult.

The tide rise and fall, in the Bristol Channel, can exceed 15 metres on spring tides, so sometimes the tide flow in Sully Bay is 4 to 6 or even 8 knots. Until members are familiar with the tide changes, they are advised to remain in the bay if on their own. We have had, on occasion, to call the RNLI, when new members have sailed up channel on a falling tide. The wind has then dropped, the tide has turned, and they have been unable to return against the rising tide!

The basic rule is ‘sail against the tide, if the wind drops you can always drift back!’

Also, members have experienced big changes in wind strength and direction, which have turned a calm sea into big waves, in a very short space of time. It is important that helms are able to sail into the wind effectively, as a strong SW wind with a rising tide will sweep your boat up channel or dangerously close to the island.

The area around the island is tricky! There can be large overfalls off the eastern end of the island, and the tide race between the island and Swanbridge can be as much as 10 knots, especially over the causeway. If you sail too close, you also run the risk of angry fishermen!

Further along the coast the area around Lavernock Bay can be particularly hazardous and develops very big seas. It is best avoided by sailing well out to sea.

The basic rule is to check with experienced club members on how the wind and tide are likely to affect your sailing, before setting out.

Other information

On joining, a member is given a key to the compound and a key to the changing rooms/showers on receipt of a small deposit. If the clubhouse is used mid week it is important that it is left clean and secure with lights turned off etc. Committee members only have the key to the safety boat store.

The club publishes a newsletter, which is sent to all members 3 times a year, keeping you up to date with events etc.

Work parties are held every so often, and members are expected to attend when ever possible. These can involve compound maintenance, improving our sea defences, building maintenance, maintaining and extending the slipway, etc. Road trailers can only be kept in the compound under your boat, and preferably secured in some way.

The club's main source of income is the [Cardiff Boat Jumble](#). This is held every year, on a Sunday in early March, and every member is asked to help. The site is the car park at Cardiff County Council's HQ, at Atlantic wharf. It is an important date in our calendar, as the funds raised go towards improving our facilities at Sully, in particular the proceeds have financed our clubhouse.

Occasionally the club holds social events, such as barbecues, a drink at Christmas, and our annual presentation dinner in May.

Our Annual General meeting is at the beginning of March each year.

Also we have arranged visits to places like 'The Boat show', 'come and try it' days at Topper International, Swansea coastguard station etc.

Social activities are advertised in the newsletter and at the club, and in the winter months talks are arranged on nautical matters.

Induction/ familiarisation for new members

Preparation

- Always wear a lifejacket or buoyancy aid
- Wear a wetsuit or dry suit
- Fit or carry a painter (tow rope) in the boat
- You are advised to carry an anchor (and flares) if sailing up or down channel without a safety boat
- Sign the book before you launch

Boat Park

- Don't leave boat unattended in windy conditions with sails up
- Watch for booms
- Look after young children
- Boats must be tied down if the masts are left up
- Remove cars from the boat park asap if you tow the boat in

Launching

- boats must not be left unattended on the slip
- always try to help those in front – especially single-handers - with their boats and trolleys
- beware of wind changes as you go down the slip
- don't underestimate the waves – launch bows first and hold the bow into the wave
- Sail off quickly

Sailing

- Be aware of wind, waves and tide
- Wind is normally stronger beyond 100-200m from the shore
- Waves are larger beyond the island and waves/tide can be fierce around the island (give it a wide berth)
- Always go up-tide so that the tide will bring you back if the wind drops

Safety Boat

- Don't use the boat without having been instructed by someone who is experienced.
- Use the Kill-Cord
- Marks can be heavier and more awkward than they look.
- Watch that you don't catch ropes around the propeller
- Don't take small children in the safety boat
- Corner slowly until you are used to how the boat handles

The Rules of the Club

Personal Safety

1. Effective personal buoyancy must be worn by occupants of all boats. Wet suits and dry suits in themselves are not adequate buoyancy.
2. Wet suits, dry suits or effective thermal protection shall be worn when afloat during the months of December to March (inclusive) and are strongly recommended at all times and especially during the months of April and November. For children under the age of 16 years this shall be mandatory between November and April (inclusive) and strongly recommended at other times.

Safety Boat

3. A Safety Boat crew will be assigned for dinghy racing on Sundays at a time determined by the Club Committee and listed in the sailing programme. Outside these times sailing may take place, but at the persons own risk since a Safety Boat will not normally be available.
4. An available Safety Boat shall have an operational engine and a crew of at least two persons, one of whom must be over 18 years of age, inducted and passed as competent to use the Safety Boat. At least one of the crew must be equipped to go into the water if necessary. The Safety Boat must be manned by club members and shall not be used except for official club events.
5. Persons under the age of 16 are not allowed to be afloat in charge of a dinghy unless there is a Safety Boat available (as defined above). If no Safety Boat is available, they must be directly supervised on the water by a parent or guardian or other person with written authority to act in that capacity unless they have achieved competence equivalent to RYA Level 2.

Members Boats

6. Members are required to keep their boats in a seaworthy condition. All craft shall be of a type suited to sea conditions and shall have adequate buoyancy to support the craft and its normal crew in the event of capsize or swamping for an extended period. Inflatable side buoyancy bags shall, where fitted, be adequately secured by straps of at least 25mm wide. It shall be the sole responsibility of each owner or helm to ensure that the buoyancy of his/her craft is adequate and remains so whilst sailing.
7. Members are required to possess for each boat they have in the compound third party insurance to the sum of £3,000,000. Owners of boats with engine capacities exceeding 6 hp shall not be eligible to use such craft from Club premises; this excludes Club Safety Boats.

Club Compound

8. The Compound Master will be responsible for the placement of all boats in the compound at all times.
9. If road trailers must be stored in the compound, they must occupy the space allocated to the boat and be adequately secured against theft.
10. Club keys will only be issued to members who are 18 years or older.
11. All craft must be removed from the Club Compound if requested by the Club Committee. The Committee reserve the right to remove such craft at the owners own risk (as laid down in the Constitution) and dispose of such craft as it sees fit.
12. Vehicles must not be brought into the compound except when actually loading/unloading their craft.
13. Dogs or other animals are not allowed in the Club Compound

Ettiquette

14. Club members must assist other members with launching and retrieval of each others' boats and the Safety Boat
15. Boats must not be left unattended for any length of time on the slipway. Boat trolleys must be placed in such a way that they do not obstruct access to the water by other club members and their boats.
16. Boats which have finished a race or who are not racing must keep clear of the finish line.
17. Members are required to assist in the running operation of the Club, including Work-Parties, Safety Boat duty and Committees. The Cardiff Boat Jumble is for these purposes a work party.

Other Rules

18. Sully Sailing Club are not responsible for any loss, damage or injury sustained by any person, their property, or any third party in consequence of his/her entering or remaining on SSC property and engaging in water sports or any other activity.
19. No member under any circumstances may spend money on behalf of the Club without the express permission of either the Committee or (exceptionally) two Flag Officers. The purchase of petrol and oil for normal sailing purposes is not included in this rule.
20. No substitute for Race Officer or Safety Boat Duty will be accepted in order to take part in club races. Any results gained in this way will, subject to protest, be liable to disqualification by the Race Committee.
21. Club Rules shall not be created, repealed or amended except by a majority vote at a committee meeting at which at least two-thirds of the committee members are present, or by a majority vote of club members present at an AGM or EGM. Changes to the Constitution can only be made by a majority vote of club members at an AGM or EGM.

Sully Sailing Club

Vale of Glamorgan

Membership Application

Surname	First Names	
Address		Telephone No.
		Mobile No.
		E Mail Address
		Occupation

Boat Details

Type	Sail No.	Colour of Hull
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Insurance Detail:

Insurance Company	Policy No.	Liability Amount
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Type of Membership Required :- INDIVIDUAL / FAMILY / YOUTH / SENIOR / ASSOCIATE

Emergency Contact Telephone Number	Date
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I have read the Club Rules and accept that my membership is subject to all the requirements being fulfilled Signed

Family Membership

Additional Members Details :-

Name:-	Date of Birth:-	Sailing/Non-Sailing
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Additional Boat Information

Type	Sail No.	Hull Colour	Insurance Policy No.
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Proposer _____ Seconder _____

Date _____

Please return completed form to
Bob Lang
Membership Secretary
Horizons, 43 Cog Road
Sully
Vale of Glamorgan
CF64 5TD

Telephone 029 2053 1130

"e" Mail Address bob_lang@bigfoot.com

Sully Sailing Club

Notice to all Members and Guests

Extract from the General Rules and Racing Rules of Sailing

These extracts are taken from the [Sully Sailing Club General Rules \(GR\)](#) and the [Racing Rules of Sailing \(RRS\)](#) both of which can be found in full on the [club web site](#) and on the Notice Board in the Clubhouse.

Responsibility of Participants (GR)

By launching, or preparing to launch, whether or not they are entering any race, participants accept that they are responsible for themselves, their crew, and their boats, whether afloat or ashore. They also imply the suitability of their boat and the competence of the skipper and crew for the expected or forecast conditions. The boat shall be in sound condition and fully seaworthy.

Occupants of all boats must wear effective personal buoyancy and, if necessary, effective thermal protection. In all cases of capsizing members should remain with the boat until rescued.

Insurance (GR)

All members' boats shall have adequate third party insurance cover (minimum £ 3,000,000) for the duration of the season. Guest's boats must also have the same level of cover whilst at the club.

Racing Rules (RRS)

Racing will take place under the current ISAF Racing Rules of Sailing, the prescriptions of the RYA, the published sailing instructions, and the appropriate class rules. The rules and Byelaws of the SSC shall apply.

THE Officer of the Day (OOD) SHALL HAVE THE SOLE DISCRETION AS TO WHETHER OR NOT ANY SCHEDULED RACING SHALL TAKE PLACE. He/She shall have given due regard to the existing weather conditions and sea state, and as to whether the Safety Boat can be launched and recovered without damage. HIS/HER DECISION IS FINAL AND SHALL NOT BE CHALLENGED BY ANY OTHER MEMBER.

Disclaimer of Liability (GR)

"The helm of any boat is solely responsible for deciding whether or not to start or continue racing".

I (we) agree that the Sully Sailing Club shall not be liable for any loss, damage, death or personal injury howsoever caused to the Helm or Crew as a result of their taking part in the race or races.

I (we) agree that the provision of safety boats by Sully Sailing Club is neither a guarantee that assistance can be rendered to any sailor (whether racing or not) who is in need, nor acceptance of any responsibility for rescue of any such sailors. Further, in the event that assistance is rendered to any boat or crew, no liability for any loss, damage or injury to any sailor and/or his craft and equipment, howsoever caused, is accepted by either Sully Sailing Club, the Committee thereof, the helm or the crew of such safety craft.

Note: Those under the age of 18 are required to have a parent or guardian sign on their behalf.

Signed.....

Dated.....

Sully Sailing Club, Dated 3rd June 2009.